



ANNUAL REPORT

2019 - 2020

From the Chair



In our 15th year of operation and on behalf of the board of directors of Cancer Wellness Support Inc, we commend to you the annual report together with the audited accounts for the financial year.

With continued growth, the board is very pleased to advise that the restructure of our organisation (eluded to last year) has been exceedingly successful and we acknowledge the efficient and professional efforts carried out by General Manager Bronwen Johnston and Client Services Manager Viv Maitland, Louise Palmer Executive Assistant to the General Manager, secretariat to board and staff. The result of their efforts enabled our organisation to continue to subsidise therapies which is the core service we offer to those living with cancer, their carers and families.

Our organisation is primarily funded by our two very successful Op Shops at Katoomba and Penrith and is also dependent on community donations, sponsors and fundraisers. The recent COVID-19 pandemic has seriously affected international economies and our organisation is no exception, with our shops ceasing trading for eight weeks. The initiative of the Federal Government in establishing the JobKeeper program enabled us to retain most staff and for that we are exceedingly grateful. During this period, we established the online shop and hence utilised the staff in a constructive manner.

We also wish to express our gratitude for the dedication and professionalism shown by our therapists in delivering the core services to clients living with cancer, their carers and families.

Despite the economic effects of the COVID-19 pandemic, this year we have still achieved many goals set out in our 2019/2020 Strategic Plan and have been very proactive in reviewing all aspects of our operations which is essential with such an expanding and developing organisation.

As Chairman of the board I wish to thank my fellow board members for their continued cooperation and professional input thus ensuring we continue to pursue the vision of our organisation by our founder Robyn Yates OAM.

Bob Reid, OAM, PHF
Chair



From the General Manager



Through these times of uncertainty, our organisation has remained focused on achieving our vision; to continue to provide access to affordable therapies and services for people experiencing cancer and their families in our local community.

Despite the need to close our Op Shops for two months in April and May 2020 due to the COVID-19 pandemic and reopening in June 2020, the community rallied in support. Donations poured in and shoppers returned in force, supporting us with our best sales day ever. JobKeeper funding allowed our staff to remain employed over the COVID-19 lockdown period.

The generosity of our community continues to see the organisation thrive. Our committed volunteers who willingly donate hours of work to support us in many capacities enables continued therapy and service delivery to clients and carers. Saleable donations provide stock for our vibrant Op Shops, delivering cost effective and sustainable goods to our community. Our new online Op Shop compliments the existing Op Shops, now open 7 days a week.

Given our unique community model, we take pride in our organisation's triple bottom line sustainability; environmentally socially and economically.

We will continue to strive to deliver a robust organisation and to provide excellent support and services to our valued clients and community.

Bronwen Johnston
General Manager

From the Client Services Manager



When I pause to reflect on the past year's work of service delivery I find my focus drawn immediately to the COVID-19 lockdown period. This unusual time opened us to creative ways of keeping in touch with our clients and carers by continuing individual and group therapies from a distance via zoom, FaceTime and texts and the creation of a weekly newsletter titled, Weekly Connect.

Each year we are reminded of the professional commitment our therapists continually provide to our clients and carers but this year they deserve a special note of thanks. Without the capacity to pay for their services due to the closure of the Op Shops, therapists continued to deliver care forgoing any reimbursement from Cancer Wellness Support.

For our clients and carers, we found a unique means of delivering services from a distance which is now normalised in our day to day considerations of therapeutic care. We have continued to make zoom sessions available for those unable to attend in person and for those able to join us in the centres, we continue to maintain a COVID-safe environment for all who are able to attend our centres. Thank you to our clients, carers and staff for ensuring we still maintain a safe environment for all.

Thank you to all who gave leadership, support and contributed to creative ways of working through COVID-19 to ensure continuity of service.

We are proof that out of adversity comes good things.

Viv Maitland
Client Services Manager



From the Founder



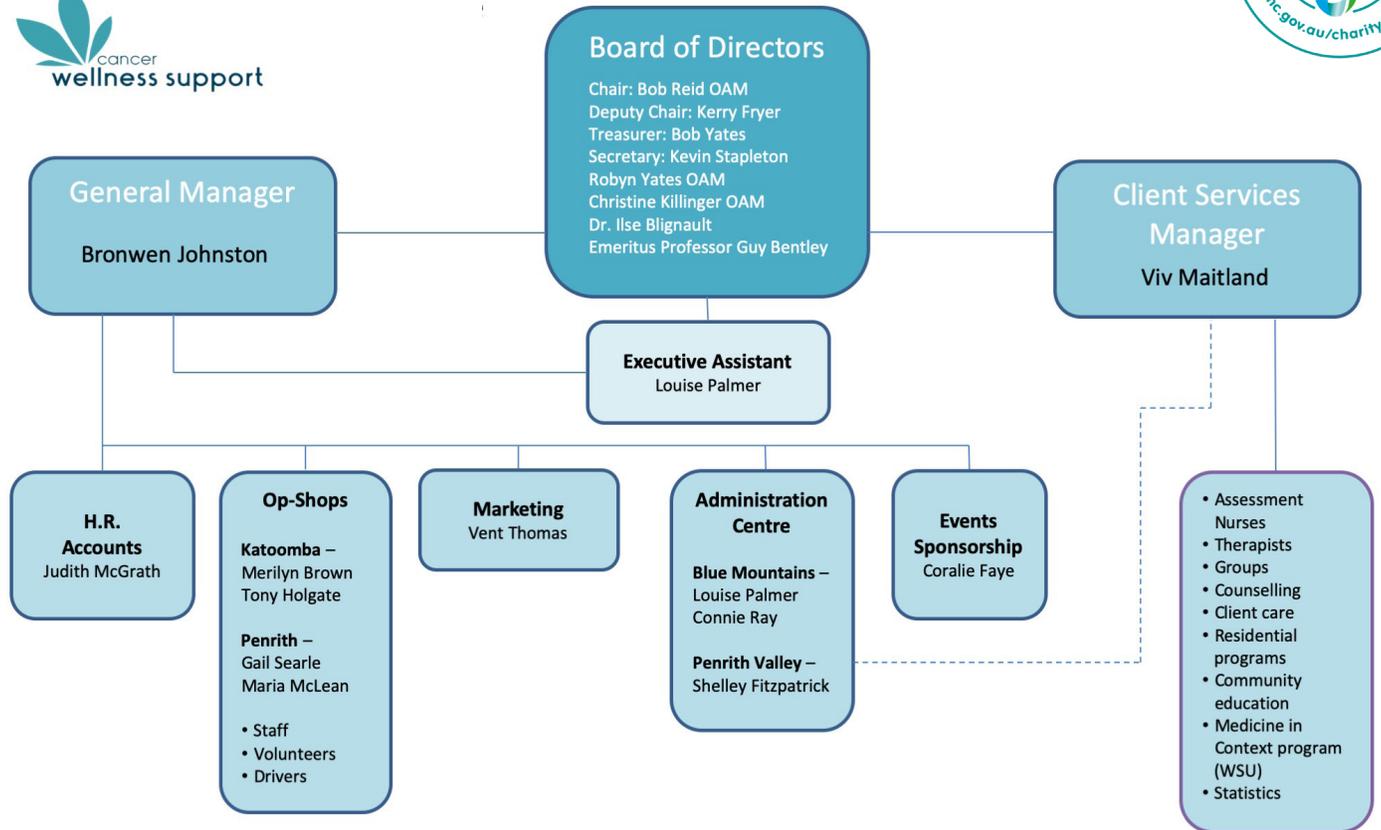
As founder and a board member, I am very pleased to say that the philosophy and values that were established in 2005 prevail, with the service provision of affordable client needs and support being paramount in our day to day operations. The hard work of the management team, staff, therapists, and volunteers enabled us to provide 4,940 group and individual therapies this financial year. Our profile continues to strengthen with diversified marketing strategies, more events, fundraising and sponsorship.

My heartfelt thanks goes out to my board colleagues for their hours of critical volunteer work that enables this unique community organisation to thrive.

Cancer Wellness Support Centre Leura



Organisation Structure



Robyn Yates OAM
Founder



Bob Reid OAM
Chair



Kerry Fryer
Deputy Chair



Kevin Stapleton
Secretary



Bob Yates
Treasurer



Dr Ilse Blignault



Christine Killinger
OAM



Emeritus Professor
Guy Bentley



Strategic Planning 2019 - 2020

Vision

That people in the Blue Mountains and Penrith Valley regions experiencing cancer will have the opportunity to access affordable therapies and services to assist them and their families to cope more effectively with their diagnosis and to feel supported by their local community

Mission

Cancer Wellness Support is a non-profit, non-denominational charitable organisation committed to helping cancer clients and their families retain their sense of control and balance through innovative, integrated and holistic therapies and education, whilst at all times giving hope for those facing challenging circumstances. We treat everyone with compassion, care, confidentiality and respect

GOAL 1

Provide, strengthen and expand subsidised therapies, education and services to clients and their families living with cancer in the Blue Mountains and Penrith Valley regions

GOAL 2

To grow the organisation and achieve adequate funding to undertake Goal 1

GOAL 3

Engagement of local community support and participation on all levels

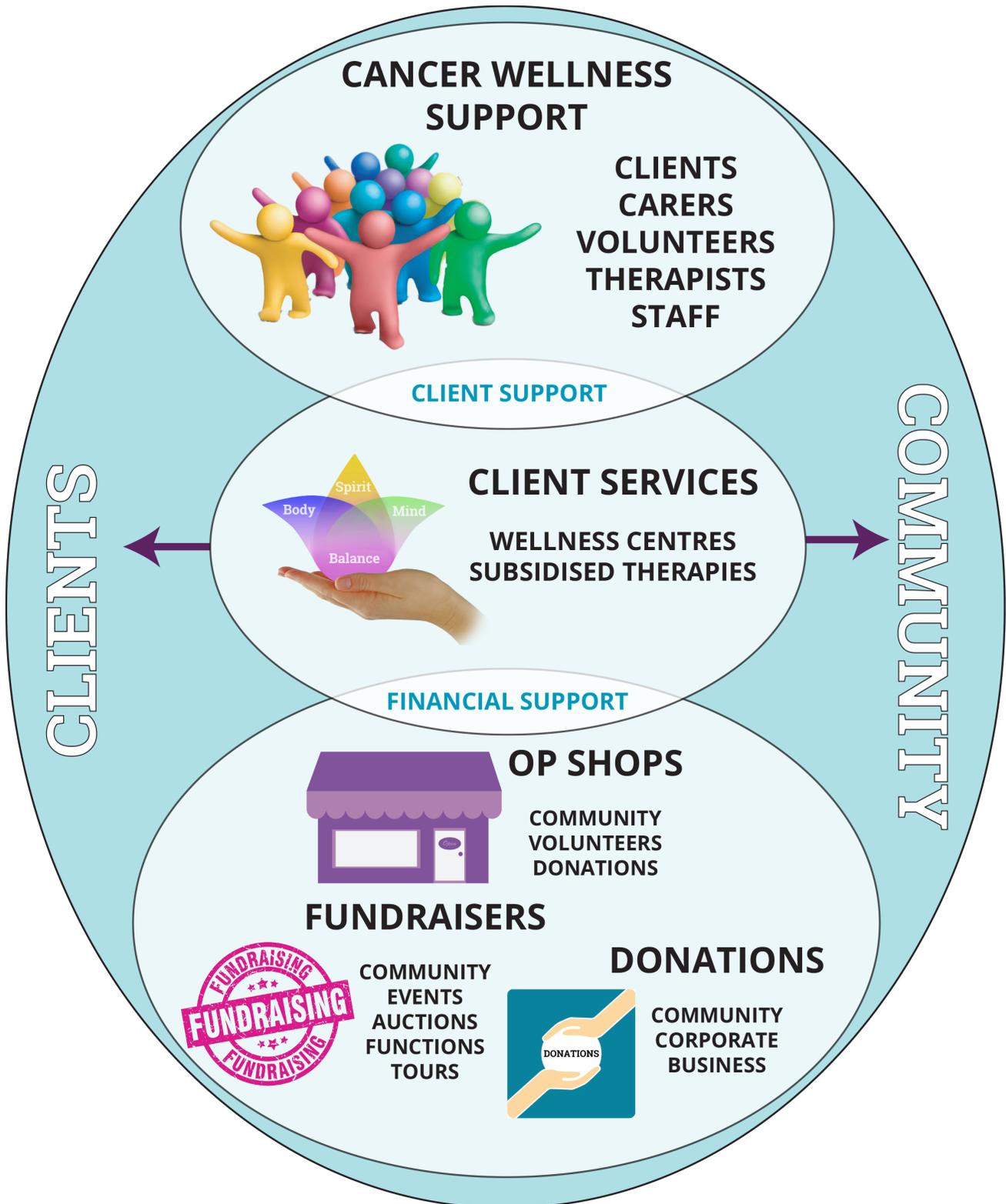
GOAL 4

Best practice Corporate Governance



Our Ecosystem

“With the community working together we can truly achieve anything”



Donations, Raffles & Events

Although most of our income is derived from our Op Shops, we also rely on donations, raffles and events to supplement organisational funds.

Donations

Throughout the year clients, carers, family and friends of our organisation generously donated funds to support our work. We are also very grateful to have received bequests from our dear clients.

Fundraising Events

Rags to Riches Event

In July, business relationships were strengthened when Penrith Op Shop hosted 70 Penrith Valley Chamber members as part of their Business Connect evenings. Staff and volunteers transformed the shop into a 1920's theme featuring Gatsby clothes, food, drink and activities from the era.

Vintage to New Fashion Parade

In October, our models walked the red carpet to profile stock from Penrith and Katoomba Op Shops. Local, Charlotte Smith, "globetrotting fashion anthropologist", styled the models in a variety of themes and was the Emcee for the successful fundraiser night which was held at the Penrith Op Shop.

Breast Cancer Awareness Fundraiser

In October, Zonta Blue Mountains and Cancer Wellness Support hosted a cocktail party highlighting awareness and survivorship of breast cancer. Sarah McGuire from the McGrath Foundation featured in a guest panel discussing the journey through breast cancer.

Coach Fundraising Tours

Bowral

In September, a group of 40 people visited Bowral for a "Tiptoe Through The Tulips" adventure where they were greeted to a kaleidoscope of 75,000 mass-planted tulips carpeting the public gardens in the Southern Highlands. After a Devonshire tea, a gourmet lunch was enjoyed in the magnificent grounds of heritage property Retford Park; a gift to the National Trust in 2016 by James Fairfax.

Milthorpe

In December, we toured the Millthorpe Historic Township and Museum, including visits to a winery, gourmet food store, lunch and local shops.

Unfortunately, we were forced to cancel various pre-planned fundraising events during the beginning of 2020 due to the COVID-19 pandemic. Tours are open to the public, with coaches generously provided by Fantastic Aussie Tours.

Raffles

Opportunities for fundraising through raffles continue to grow featuring themes such as Easter, Mother's Day and Christmas.



*Coralie Faye
Sponsorship & Events
Coordinator*



*Vintage to New Fashion Parade
held at the Penrith Op Shop*



*Winner of the
Devonshire Tea Raffle*



Sustainability

Cancer Wellness Support is proud to be aligned to sustainability; environmentally, socially and economically.

Socially we support our community by providing subsidised therapies to people living with cancer.

Op Shops strongly support the principles of reuse and recycling. This year we have introduced a new waste management plan for our Katoomba Op Shop which enables dry waste to be recycled into Process Engineered Fuels (PEF). This enables us to recycle 90% of waste from the Op Shop.

Our organisation is 90% funded by our Op Shops making us economically sustainable.

REUSE 
REDUCE
RECYCLE



Marketing and Systems

This year has seen a significant increase in our marketing activity, including updated web and Facebook sites, redesigned direct mail campaigns, improving awareness of our services and fundraising events. This has resulted in an increase in promotional activity of 250%, as measured by utilising social media analytics. To improve communications, we have created and displayed information videos at our Op Shops and Wellness Centres. This informs the community of ongoing centre work, events, tours and promotions.

With our clients in mind, we have developed improved Welcome Packs.

To guide clients through the cancer experience, a new interactive Cancer Wellness Support guide is under development and is due for launch in November 2020.

To maximise organisational efficiency we are utilising a new customer record system and data base, which automates membership renewal & member e-cards, manages newsletter subscribers, website enquiries and our frequent buyers club which provides discounts to regular customers. The system also enables us to provide an automated goods donation and pickup service.



Vent Thomas
Marketing Coordinator

Online Op Shop

In response to the initial COVID-19 lockdown, we launched an online Op Shop which is stocked with goods from both our Katoomba and Penrith Op Shops, providing a convenient way to purchase goods 24/7/365. The online shop is trading well and the store traffic is in the top 15% of Shopify stores launched the same week as we did.

Systems

We have deployed ActiveCampaign as our new Customer Relationship Management and Database system, which has allowed us to:

- Automate membership management and renewals
- Track therapies and generate reports
- Automate sending of Membership e-Cards
- Manage Newsletter Subscribers
- Manage Web Site enquiries
- Automate Goods donations pickup requests
- Deploy and manage our Frequent Buyers Club



GOAL 1

Provide, strengthen and expand subsidised therapies, education and services to clients and their families living with cancer in the Blue Mountains and Penrith Valley regions

Therapies

From the initial contact with Cancer Wellness Support, to the intake assessment, to designing the right mix of therapies, to finally beginning therapies, we encourage clients to feel empowered in their choices with the open invitation to revisit these choices to ensure the therapies are continuing to meet their changing needs as they travel through their cancer journey.

Investing in your personal “Wellbeing Path” is an essential component of being well. Complementary therapies ‘complete’ the overall health approach. Selecting therapies is a personal choice with guidance from the intake nurse, counsellor, or other therapists who may identify a need and suggest another therapy that they believe will enhance wellbeing.

Each client’s journey through the various types and phases of cancer will manifest a variety of outcomes from either their medical treatment or their medical condition.

**Total number of
Therapies delivered
in 2019-2020**

4,940

972 Members

687 Clients

113 Carers

47 Therapists

106 Volunteers

19 Supporters



GOAL 2

To grow the organisation and achieve adequate funding to undertake Goal 1

Cancer Wellness Support is 90% funded by our two thriving Op Shops located in Katoomba and Penrith. Through generous saleable donations, the shops continue to be supported and loved by our followers, with many customers being on a first name basis with our staff and volunteers. The dedication and expertise of our managers, staff and volunteers, under-pins shop growth. Katoomba Op Shop is managed by Merylyn Brown and Penrith Op Shop by Gail Searle assisted by Maria McLean. Added support is provided by other casual staff and volunteers. The managers have a key role in retail management, combined with staff supervision, training and implementation of WHS practices.

Katomba Op Shop

Managing the busy Katoomba Op Shop this year has been exciting and unusual.

At the end of March 2020, due to the COVID-19 pandemic, we closed the Op Shop, in accordance with government recommendations and for the safety of our customers.

During the closure, staff worked to prepare a safe workplace for re-opening in May and to stock our new shop. An amazing re-opening day in June saw loyal customers flooding in to their favourite shop.

We had been missed. The shop is now open 7 days a week and Sunday trading has become very popular. During this year, thousands of items of clothing have been sold at our many special sales.

We continue to offer reasonable prices, present a casual, fun shopping experience, great music and happy staff.

Our shop is known and admired for remaining a genuine “opportunity” shop.

Merylyn Brown, Manager Katoomba Op Shop

Book a goods donation pickup online at www.pickup.cancersupport.org.au



GOAL 2

To grow the organisation and achieve adequate funding to undertake Goal 1

Penrith Op Shop

As the Manager of the Penrith shop, I enjoy the positive community vibe, people donating goods, volunteers working hard to sort the goods and staff selling stock to directly benefit those who have been touched by cancer. The relationships that develop through the shop are wonderful. We thrive on providing our valued customers with outstanding service and encourage them to return time and time again.

We are extremely lucky to have such a dedicated group of volunteers that have been working hard through COVID-19. Their work is so important to the organisation and we have an amazing group at Penrith, now open 7 days a week.



Gail Searle, Manager Penrith Op Shop

"I have been volunteering at the Cancer wellness Op Shop in Penrith for 4 years.

For me it has been a very rewarding experience and also an opportunity to give something back to the community. It has also been very personal for me, as I lost my father to cancer a few years ago.

At Penrith, it is more like a family environment and we all really enjoy coming in. I love the fact that our actions, big or small will impact on someones life.

Volunteering at the shop has made me step back and reflect on my own life and be more thankful for what surrounds me."

Jane Sullivan



Our Therapies

Lymphoedema Management

Lymphoedema is a swelling of part of the body, usually a limb and can occur as a side effect of cancer treatment when lymph nodes have been removed or damaged causing lymph fluid to build up in tissue under the skin. Our massage therapists provide specialised on-going support to clients who present with this condition. As the treatment and management program is over a long period of care, maintaining a commitment to this treatment can become costly, and it is only with subsidised support can clients afford this therapy over the long term.

Massage (Oncology)

Since 2009 great strides have been made in the world of oncology massage, a gentle touch therapy that helps to alleviate many of the symptoms experienced with cancer, such as pain and fatigue in addition to those experienced from the medical treatments of chemotherapy and radiation.

Without pressure and with massaging away from the lesion, muscles are able to relax, blood flow improves and most of all the client is able to be still, resting both body and mind, for an hour. If undergoing chemotherapy, massage assists the body to more easily detox and kick start the healing process.

Movement Groups

This year we have focused on building group participation in body movement therapies. Research is strongly highlighting the importance of maintaining muscle mass and core strength especially for those undergoing and completing chemotherapy.

Qi Gong

Qi Gong offers the combination of breath and movement in this mind body approach. Breath work opens up new neural pathways in the brain to help change the old pathways, patterns we have habitually relied on to help us make sense of our world. In Qi Gong your body works with the specialised movements in a gentle flow through your standing or sitting body without pressure, exertion or exhaustion.

Reflexology, Acupuncture, Yoga

Reflexology, acupuncture and yoga open up the energy meridians or energy channels in the body to unblock and rebalance the flow through the whole body. These therapies are particularly supportive to those who live with the side effects of chemotherapy and radiation. Not only do they stand alone as a whole treatment of care they also fulfil a vital role in healing for clients who do not wish to use body massage as part of their well being path.



Our Therapies

Counselling

Many of the individual touch and group therapies are a time for inward silent reflection but in counselling, it is the time to talk - in a safe, confidential space and be heard by a person who is invested in you and not connected to anyone else in your network.

Your emotional wellbeing is at the core of your cancer journey. Relationships can change and counselling is simply time out to be heard for the person with cancer, their family members and carers. Counselling helps all involved make sense of the changing landscape of living.

Art Therapy

Art therapy is not about being an artist, it is your free expression through the medium of art, from inward silent reflection to open shared expression. The materials used are varied and pieces can be shared projects or individual ideas but always accompanied with the space to talk, to listen and just be yourself and your art work.

Mindfulness Meditation

Mindfulness meditation is an integral part of wellbeing. The combination of mental peace with deep breathing has an immediate physical response, it kicks in the parasympathetic nervous system lowering blood pressure and pulse which in turn settles for example, anxiety and most of all you learn you can never stop your thoughts but you can live with them more peacefully.

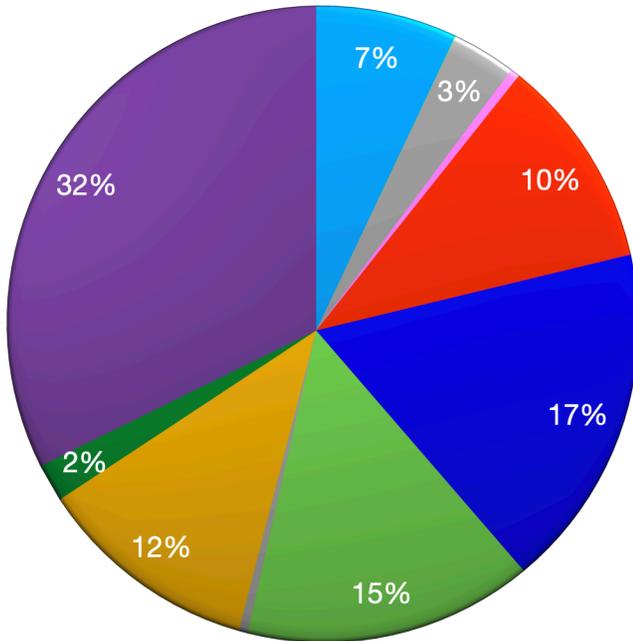
Quest For Life Centre

During the year our clients have been supported to attend in house programs creating opportunities to visit the ways in which they may have placed meaning in their lives. The range of programs includes residential retreats and community-based workshops that encourage, educate and empower people to face the challenges of a cancer diagnosis with increased confidence.



Subsidised Therapies Delivered 2019-2020

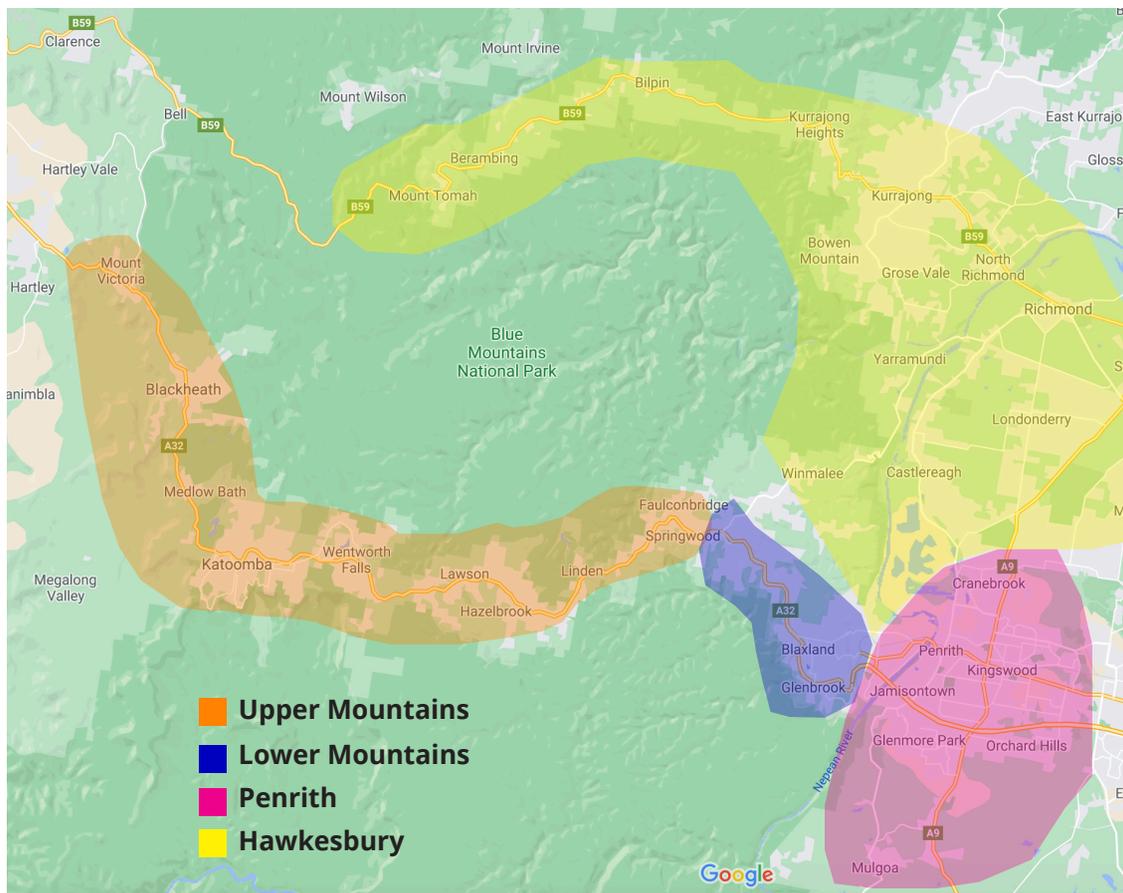
4,940 Therapies



- Acupuncture - 349
- Art Therapy (individual) - 1
- Assessments - 157
- Bowen - 23
- Counselling - 515
- Hypnotherapy - 2
- Lymphoedema Management - 858
- Massage - 742
- Naturopathy - 23
- Reflexology - 577
- Reiki - 98
- Group - 1595

TOTAL THERAPIES - 4,940

Service Areas



Our Centres

Service delivery at our two centres in Penrith and the Blue Mountains has progressively consolidated with a regular schedule of therapists, groups and activities now available at both centres.

Private rooms for subsidised therapies such as, massage, counselling, and reflexology provides opportunities for client members to access vital therapeutic services. Clients can also access our services in the therapists' own professional rooms.

In addition to our library of books, CDs and DVDs relating to wellness and living with cancer, both centres offer a range of wigs which are available for loan.

Groups including Yoga, Qi Gong, Gentle Movement, Midfullness Meditation and Art Therapy are offered weekly and specialised workshops are programmed throughout the year.



Cancer Wellness Support Centre Leura



Cancer Wellness Support Centre Penrith



Corporate Sponsorship & Grants

Corporate Sponsorship offers an opportunity to not only raise funds but to build strong long-term business relationships that are mutually beneficial to both parties. Our sponsorship strategic objectives are to partner with Blue Mountains and Penrith Valley businesses for a period of three years. Sponsorship levels are Platinum at \$5000 per year, Gold at \$2500, Silver at \$1000 per year and Bronze at \$500 per year.

Sponsorship benefits depend on the level selected and may include brand placement and a link on our website, social media opportunities, invitations to events, inclusions in newsletters, business name and logo on signage at Penrith and Katoomba Op Shops. Corporate sponsorship involvement also demonstrates to staff, customers and stakeholders, the sponsor's commitment to their local community.

Cancer Wellness Support is a member of Penrith Valley Business Chamber and the Blue Mountains Regional Chamber of Commerce. Our Sponsorship Coordinator regularly attends networking business functions with the aim to increase our profile as a major local Not For Profit organisation, working to support our local community with the goal to build business relationships and sponsorship opportunities.

Platinum Sponsors



Gold Sponsors



G&S Henwood Property

Silver Sponsor



Bronze Sponsor

GRACE FUNERALS

Media Partner



Grants

These grants have enabled us to fund programs that would otherwise not be possible such as a lymphedema management machine, air conditioning for our therapy rooms and domestic support for clients in need

- Penrith City Council - \$1200
- Tour de Cure - \$10,000
- Community Building Partnership grant 1 - \$9,400,
- Community Building Partnership grant 2 - \$6,000
- Stronger Communities Program - \$6,000



GOAL 3

Engagement of local community support and participation on all levels

What Our Volunteers Do

- Represent us in the community
- Sort, shelve and rotate Op Shop stock, pricing and sales in the Op Shops. Furniture pick up and delivery
- Maintain cleanliness and presentation of premises
- Office reception duties, clerical tasks, mail- out, filing
- Organise catering for groups
- Database and other IT systems input and management
- Manage book/CD/DVD/wig libraries
- Client transport as required
- Undertake responsibility for particular projects, such as event planning and delivery, library management, data entry and archives management
- Assistance in fundraising, community service and cancer awareness events involving volunteers and supporters on committees and working groups
- Board members contribute time supporting various management functions and responsibilities that are essential for the professional and effective operation of Cancer Wellness Support



Medical Student Placement

An important link for Cancer Wellness Support with the Western Sydney University provides a five week placement opportunity for third year medical students at our centres. The student gains experience of all facets of Cancer Wellness Support philosophy and operations, its links with community health services in the Blue Mountains and Penrith Valley and its relevance to a holistic approach to caring for persons dealing with cancer issues and their families.

"I work at the Cancer Wellness Op Shop five days a week. I really enjoy it here, the people are friendly, the atmosphere is positive and I have made some good friends. Working here has helped me immensely to reach out to people, giving me a sense of purpose. It makes me feel useful and I like liaising with customers."

Carol Basiuk
(Volunteer Penrith shop)

Other Networks

- Men's Shed Katoomba
- Palliative Support Service, Lawson Community Health
- Nepean/Blue Mountains Prostate Cancer Support Group
- YWCA Encore (post breast cancer) Katoomba Women's Health Centre Western Sydney University



GOAL 3

Community involvement is an essential component of Cancer Wellness Support involving therapists, Op Shop donors and shoppers, fundraisers, Board members, supporters and a large band of volunteers.

Services provided by Cancer Wellness Support are delivered by qualified and personally insured specialist therapists. Our impressive group of therapists agree to provide their services at a subsidised cost. Service recipients make a part-payment of \$30 to the therapist and the balance is paid from the funds raised by the Op Shops. We thank all our therapists for their dedication and care of clients.

Over
\$250,000

worth of Volunteer hours contributed annually to the work of Cancer Wellness Support, at the shops, in administration, raising community awareness, or in fundraising activities and Board of Management commitments.

Various groups undertake localised fundraising enterprises and contribute to us through community market sales, music groups, coffee clubs, personal donations and social events. These ventures draw on community assistance in a variety of ways and the Blue Mountains and Penrith Valley communities give generously. The hours, energy and expertise devoted to planning and completion of these projects could never be estimated and are greatly appreciated.

Community involvement is significantly demonstrated by the generosity of donors to the Op Shops, the enthusiasm of our shoppers who appreciate the opportunities to buy recycled goods at reasonable prices. Shoppers also value the good management and cheerful atmosphere at the shops, as well as the user-friendly layout and accessibility of goods.

A beautiful crochet or knitted knee rug or handmade quilt is given to each new client.

For many, these rugs symbolize comfort and care as the client attends their various therapies. Rugs are made and donated by various community members and groups and other donors.

We thank everyone for their generous participation and support. It is the community's contributions that enable us to provide services for people experiencing cancer and their families.



GOAL 4

Best practice Corporate Governance

Corporate Best Practice

- The organisation is legally compliant. Board members are appointed by members' vote for a two year period at the Annual General Meeting and contribute a range of experience and skills in business, health, welfare and management
- Workplace Health and Safety awareness, training and First Aid training (where appropriate) is provided for staff and volunteers
- The Volunteer Handbook is updated and distributed to each volunteer at orientation
- New accounting systems have provided upgraded reporting for the organisation's financial management
- Annual financial statements are externally audited and made available on the Cancer Wellness Support website www.cancersupport.org.au
- Appropriate insurances are upgraded to cover changing requirements

Treasurer's Statement



This last financial year has presented the organisation with many challenges. We were tracking for yet another year of strong trading when the COVID-19 pandemic hit hard and like other organisations, negatively impacted our results, however with strong sales, once our shops reopened and with JobKeeper assistance, we have managed to deliver strong profitability. To protect our valuable loyal band of staff and volunteers, Op Shops were closed and staff worked from home for an eight week period. Thanks to government assistance via JobKeeper, staff were retained for that period.

Upon reopening we were overwhelmed with the support from the community and achieving record trading figures. Necessity being the mother of invention saw the organisation trial online retailing, with selected pieces from our Op Shops. This has proven to be a successful strategy with a growing number of followers and sales. Sunday trading has also been a success, introducing our Op Shops to new clientele. Again a shout out to our loyal band of staff and volunteers who together helped us provide last year 4,940 much needed subsidised therapies to our ever growing list of clients.

In closing, not only did we meet the challenge of COVID-19, I believe we benefited by being innovative in the face of adversity.

Hoping 2021 is a better year for all concerned.

Bob Yates
Treasurer



Cancer Wellness Support Inc

ABN: 67 202 763 705

Independent Auditor's Report to the Members

Opinion

In my opinion, the financial report present of Cancer Wellness Support Inc has been prepared in accordance with Division 60 of the Australian Charities and Not-for-profits Commission Act 2012, including:

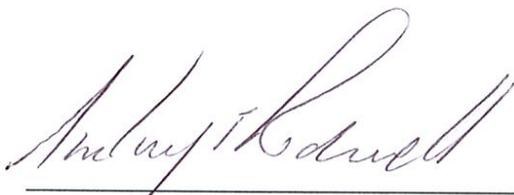
(a) giving a true and fair view of the association's financial position as at 30 June 2020 and of its financial performance and cash flows for the year ended on that date; and

(b) complying with Australian Accounting Standards to the extent described in Note 1 and Division 60 of the Australian Charities and Not-for-profits Commission Regulation 2012.

Basis of Accounting and Restriction on Distribution

Without modifying my opinion, I draw attention to Note 1 to the financial statements, which describes the basis of accounting. The financial report has been prepared to assist Cancer Wellness Support Inc to meet the requirements of the Australian Charities and Not-for-profits Commission Act 2012. As a result, the financial report may not be suitable for another purpose.

Signed on : 13 October 2020



Shelley June Rodwell

Chartered Accountant

Member Number: 78555

Financial Statements

For the year ended 30 June 2020

Cancer Wellness Support Inc.

ABN 67 202 763 705

Shelley June Rothwell
21 Main Street | PO Box 395
Lithgow NSW 2790
Ph: 02 6352 3152



Cancer Wellness Support Inc
ABN 67 202 763 705
Income and Expenditure Statement
For the year ended 30 June 2020

	2020	2019
	\$	\$
Income		
Op Shop Income	1,349,245.59	1,486,233.24
Client Service Fees	127,419.91	
Fundraising Income	27,631.81	35,526.15
Grants & Sponsorship	45,677.05	27,666.64
Client Services	2,926.50	22,187.05
Membership Fees	11,765.80	13,540.24
Donations	12,716.21	29,593.95
Support Groups	5,145.25	3,761.70
Bequests		84,648.55
Government Stimulus Payments	26,259.00	
JobKeeper Payments	102,000.00	
Work-for-the-Dole	21,246.97	30,910.61
Interest received	114.61	3,649.13
Other income	439.13	2,970.32
Profit on sale of property, plant, equip		(1,528.11)
Wages Subsidies	15,000.00	
Total income	1,747,587.83	1,739,159.47
Expenses		
Advertising & promotion	9,526.17	5,543.76
Audit fees	1,300.00	1,000.00
Bank fees & charges	2,635.13	2,980.92
Cleaning & rubbish removal	2,762.81	53,675.81
Client Services	135,762.60	19,240.55
Client Therapies	141,808.00	164,534.23
Computer Expenses	7,457.52	7,661.27
Consultants fees	3,600.00	675.00
Depreciation - Buildings	1,235.00	35.00
Depreciation - Other	12,211.00	13,792.95
Flowers & Gifts	4,195.69	4,827.44
Fundraising Expenses	7,590.09	16,258.77
Gardening & Grounds Maintenance	3,331.21	5,859.35
Insurance	10,591.72	11,229.65

The accompanying notes form part of these financial statements.

Cancer Wellness Support Inc
ABN 67 202 763 705
Income and Expenditure Statement
For the year ended 30 June 2020

	2020	2019
	\$	\$
Interest - Australia	20,980.93	46,721.88
Legal fees		1,015.45
Meeting Expenses	3,093.34	2,868.51
Membership Cards Stickers Pins	276.71	276.11
Motor Vehicle Expenses	26,862.54	69,250.91
Op Shop Expenses		
Katoomba	119,806.85	107,259.51
Penrith	137,693.96	119,299.17
Office Administration		
Leura	22,178.12	31,214.20
Warwick	46,075.35	50,941.60
Postage	1,722.88	2,142.06
Printing & stationery	7,021.63	1,654.54
Rates & land taxes	6,923.66	6,747.52
Repairs & maintenance	6,304.08	16,017.02
Staff training	384.55	1,123.28
Subscriptions & Memberships	1,589.08	1,933.26
Travel Expenses	365.58	775.19
Volunteer Expenses	1,561.23	8,997.48
Wages & Employment Expenses	737,342.69	673,143.45
Total expenses	1,484,190.12	1,448,695.84
Net profit attributable to the association	263,397.71	290,463.63
Total changes in equity of the association	263,397.71	290,463.63
Opening retained profits	1,675,613.91	1,385,150.28
Net profit attributable to the association	263,397.71	290,463.63
Closing retained profits	1,939,011.62	1,675,613.91

The accompanying notes form part of these financial statements.

Cancer Wellness Support Inc
ABN 67 202 763 705
Detailed Balance Sheet as at 30 June 2020

	Note	2020	2019
		\$	\$
Current Assets			
Cash Assets			
Cash At Bank - Bendigo Bank		124,770.33	75,727.60
Cash At Bank - Donation A/c		2,037.13	1,973.75
Cash At Bank - Bendigo Bank D/Card		2,534.29	1,943.41
Cash At Bank - CBA Cheque A/C		28.35	
Petty Cash		243.38	
Cash Floats		1,025.00	525.00
		130,638.48	80,169.76
Receivables			
Trade debtors			20,561.34
Sponsorship Pledges		2,656.39	
Memberships Due		155.00	
		2,811.39	20,561.34
Current Tax Assets			
GST payable control account		(382.05)	(344.80)
Input tax credit control account		9,276.90	12,415.47
		8,894.85	12,070.67
Other			
Rental Bond - Penrith		7,975.00	7,975.00
		7,975.00	7,975.00
Total Current Assets		150,319.72	120,776.77

The accompanying notes form part of these financial statements.

Cancer Wellness Support Inc
ABN 67 202 763 705
Detailed Balance Sheet as at 30 June 2020

	Note	2020	2019
		\$	\$
Non-Current Assets			
Property, Plant and Equipment			
Freehold Land & Building - Mondeval		2,353,878.33	2,353,293.33
Building Improvements - Admin		30,399.81	12,877.17
Less: Accumulated depreciation		(9,583.00)	(8,486.00)
Leasehold Improvements - Penrith		34,295.00	34,295.00
Less: Accumulated depreciation		(2,756.05)	(1,819.05)
Leasehold Improvements - Katoomba		5,532.78	
Less: Accumulated depreciation		(138.00)	
Plant & Equipment - Admin Office		25,972.80	9,905.34
Less: Accumulated depreciation		(4,898.86)	(3,524.86)
Plant & Equipment - Katoomba		2,304.36	938.00
Less: Accumulated amortisation		(990.00)	(793.00)
Plant & Equipment - Penrith		8,260.71	4,702.11
Less: Accumulated depreciation		(2,757.00)	(1,909.00)
Client Services Equipment - At Cost		9,357.52	9,357.52
Less: Accumulated depreciation		(6,903.00)	(5,875.00)
Motor vehicles - At cost		87,272.45	87,272.45
Less: Accumulated depreciation		(60,310.00)	(52,483.00)
		2,468,937.85	2,437,751.01
Total Non-Current Assets		2,468,937.85	2,437,751.01
Total Assets		2,619,257.57	2,558,527.78

The accompanying notes form part of these financial statements.

Cancer Wellness Support Inc
ABN 67 202 763 705
Detailed Balance Sheet as at 30 June 2020

	Note	2020 \$	2019 \$
Current Liabilities			
Payables			
Unsecured:			
Trade creditors		62,368.63	41,936.62
Other Creditors		5,603.51	11,458.48
		67,972.14	53,395.10
Current Tax Liabilities			
Amounts withheld from salary & wages		4,388.00	16,798.95
Superannuation Payable		4,421.49	4,785.97
		8,809.49	21,584.92
Other			
Memberships In Advance		6,785.00	900.00
		6,785.00	900.00
Total Current Liabilities		83,566.63	75,880.02
Non-Current Liabilities			
Financial Liabilities			
Secured:			
Bank Loans - Bendigo Bank		540,006.92	767,949.34
		540,006.92	767,949.34
Provisions			
Employees entitlements		56,672.40	39,084.51
		56,672.40	39,084.51
Total Non-Current Liabilities		596,679.32	807,033.85
Total Liabilities		680,245.95	882,913.87
Net Assets		1,939,011.62	1,675,613.91

The accompanying notes form part of these financial statements.

Cancer Wellness Support Inc
ABN 67 202 763 705
Detailed Balance Sheet as at 30 June 2020

	Note	2020 \$	2019 \$
<hr/>			
Members' Funds			
Accumulated surplus (deficit)		<u>1,939,011.62</u>	<u>1,675,613.91</u>
Total Members' Funds		<u><u>1,939,011.62</u></u>	<u><u>1,675,613.91</u></u>

The accompanying notes form part of these financial statements.

“

Cancer Wellness Support has been an incredible support for me this year. After my diagnosis I felt anxious and confused but found no psychological support in the medical system. The staff at Cancer Wellness Support were instantly welcoming and caring, with a highly skilled team of therapists and genuinely caring support staff. The therapies on offer are wonderful and I have found them truly useful, supporting holistic health like no other place I have experienced.”

Lisa Forrest (client)

Bequests

A lasting gift for the assistance of people living with cancer can be made by remembering Cancer Wellness Support in your will.

Consider adding to your will a clause such as:
'I give to Cancer Wellness Support (ABN 67 202 763 705) the sum of free of all duties and testamentary expenses for its general purpose, and I direct the receipt of the Chairman shall be sufficient discharge to my executors for this bequest'.

or go to www.cancersupport.org.au/bequest
to download a Bequest form

Acknowledgments

Barbara & Duncan Wass

Bendigo Bank, Katoomba

Bennett's Printing

Bruce & Michelle McKenzie

Blue Mountains Gazette

Bunnings, Katoomba

Caring Hearts Quilters

Chris Day

Charlotte Smith

Deborah Wells

Fantastic Aussie Tours

Gerlinde Thomas

Glenbrook Panthers Women's
Bowling Club

Greg Palmer

Hominy Bakery, Katoomba

James Craib

Jo King

Josophans Fine Chocolates

Julie Ankers

Katherine Hawes

Katoomba Fine Flowers

Maurice Cooper, OAM & Kerry
McKenzie

Michael Small - Photography

Mitre 10, Katoomba

Pam Seabourne

Penrith Valley Chamber of
Commerce

Philip Hammon

Robyn Hunter

Radio Blue Mountains 89.1

Rotary, Katoomba

Shane Porteous

Susan Templeman MP

The Bunker Leura

The Carrington Hotel, Katoomba

Todarello's Katoomba Village Fruit
Market

Trish Doyle MP

Victor Peralta

Wendy Hambly

Western Weekender

Wombats Crossing

Zonta Club Blue Mountains

*Thank
you*



Centre Locations

Robyn Yates Centre Cancer Wellness Support

104 - 105 Railway Parade, Leura NSW 2780
PO Box 18, Katoomba NSW 2780
Ph: (02) 4784 2297
Email: headoffice@cancersupport.org.au
Web: www.cancersupport.org.au
ABN: 67 202 763 705

Penrith Valley Centre Cancer Wellness Support

56 Warwick Street, Penrith NSW 2750
Ph: (02) 4721 1317
Email: penrith@cancersupport.org.au

Op Shop Locations

Katoomba

Units 1-3/27 Whitton Street, Katoomba NSW 2780
Ph: (02) 4782 6076
Email: katoombaopshop@cancersupport.org.au

Penrith

201 - 211 High Street, Penrith NSW 2750
Ph: (02) 4721 5823
Email: penrithopshop@cancersupport.org.au



Complementary Therapies | Community Generosity